

Cocos Island Aggressor and Okeanos Aggressor II

Updated: June 9, 2026

Itinerary:	Cocos Island, Costa Rica
Adventure Schedule:	10 nights
Yacht Local Name:	M/Y Okeanos Aggressor II and M/Y Cocos Island Aggressor (locally registered as Okeanos Aggressor III)
Home Port:	Puntarenas, Costa Rica

Aggressor Adventures Reservation Office

Office	Contact Details
Reservation Office	Mon–Fri 8 am – 5 pm EDT Sat/Sun 9 am – 5 pm EDT ☎ 1-800-348-2628 (USA) / +1-706-993-2531 ✉ okeanos@aggressor.com ✉ cia@aggressor.com 🌐 www.Aggressor.com
Emergency / Travel Delays (After Hours Only)	☎ +1-706-664-0111 ✉ info@aggressor.com
Aggressor DeTours (Private Transfers)	☎ +1-706-434-8158 ✉ detours@aggressor.com
Yacht Contacts:	☎ Local Land Office: 011-506-2289-2261 & 2262 ☎ Cocos Island Emergency: 011-506-8376-6294 ☎ Cocos Island Emergency: 011-506-8718-9727 ☎ Dock Manager: 011-506-7181-5554 ☎ Hotel Pickup: 011-506-8382-1352

In an emergency, family and friends can contact the Aggressor Reservations Office. After hours, they may call the Aggressor emergency cell number.

Cocos Island Aggressor & Okeanos Aggressor II Quick Reference Summary

Charter Schedule: 10 nights/ 11 days

Home Port: Puntarenas, Costa Rica

Arrival & Transfers

Item	Details
Recommended Airports	Juan Santamaría International Airport (SJO), San José
Arrive By	All guests MUST arrive at least 1 day before the charter start date and overnight in San José.
Host Hotel	Four Points by Sheraton (formerly D Sabana / Park Inn by Radisson) San José, Av 6, San Bosco Ph: +506-4110-1100
Check-In / Out Window (from the yacht)	Check-In: Host Hotel pickup times (listed on page 13) Yacht departs Puntarenas 3 hours after hotel pickup. Check-Out: Day 11 at 7:00 am from Puntarenas — transfer to SJO or host hotel.
Transfers:	Round-trip bus transfers from the host hotel to Puntarenas dock are included.

Deadlines & Documents

60 Days Before Departure	<ul style="list-style-type: none"> Review Diving Medical Form (if doing scuba training). Make a doctor's appointment if needed.
14 Days Before Departure	<ul style="list-style-type: none"> Aggressor's Guest Information System registration due Confirm any special requests
Item	Details
Passport	Valid \geq 6 months beyond trip.
Visa	Most travelers (US, Canada, UK, EU, Australia, NZ) do NOT need a visa for stays under 90 days. Check requirements for your nationality.
Guest Info System (GIS)	Complete all sections \geq 14 days before departure.
Diving Medical Form	Required if doing any scuba training courses. Print & bring. Doctor signature required for any "Yes" answers.
Dive Certification Card	Required for all divers (+ Nitrox if applicable).

Fees & Payments

Item	Details
Cocos Island Park Fee (10-night)	\$490 per person + 13% VAT
Mandatory Emergency Evacuation Plan	\$30 per person (paid onboard)
Onboard Sales Tax and Credit Card Surcharge	13% government Tax & 3% added if park fees paid by credit card
Payment Methods	USD cash / Visa / MasterCard
Fuel Surcharge (effective date July 1, 2026)	8-night (\$140 pp); 10-night (\$150 pp); 12-night (\$180 pp)

On Board Highlights

- All rooms A/C with private bath.
- Power: Okeanos Aggressor II = 110V (Type A/B plugs).
Cocos Island Aggressor = 220V with combo 110V/220V outlets
- Wi-Fi: Internet: OnAdventure LAN + SeaFi internet (purchase codes on board).
- Meals: Cooked-to-order breakfast, lunch, and chef-prepared dinner. Self-serve style during 36-hour transit; plated dinner at anchor. Snacks between dives.

- Beer & wine included. Bring preferred spirits from duty-free.
- Smoking → rear sun deck only.

Diving Essentials

- 18–21 dives per 10-night adventure (weather depending)
- Up to 3 dives per day. No night diving offered at Cocos Island
- Recommended: Mask, fins, BCD, regulator, dive computer, SMB & reel, & wetsuit
- Tanks (12L / 80 cf) provided; a limited number of 100 cu ft tanks are available on a first-come, first-served basis for an additional charge.

- Nitrox available (extra fee).
- Nearest hyperbaric chamber: San José, Puntarenas, and Golfito, Costa Rica

1. BEFORE YOU GO

Passports

Your passport must be valid for at least 6 months after your trip ends.

You must also provide your passport number, date of birth, and dive certification details to the Aggressor Reservations Office through the Guest Information System (GIS) at least 14 days before your departure date. This information is required by the Cocos Marine Park to issue your entry permit. Failure to submit will result in trip cancellation, as the park permit cannot be obtained without it.



No park permit = no entry to Cocos Marine Park. Submit your details through the GIS at least 14 days before departure.

Children traveling: Some countries have special rules for children leaving the country. Check your government's travel website for requirements.

Visa

Costa Rica requires all travelers to have a valid passport. Visa requirements depend on your nationality. General guidelines:

- US, Canadian, UK, EU, Australian, and New Zealand citizens: No visa needed for stays under 90 days
- Other nationalities: Check with the nearest Costa Rican embassy or consulate

You are responsible for:

- Getting the correct visa for Costa Rica
- Having documents to re-enter your home country
- Checking visa rules for any connecting flights

Where To Check:

- USA citizens: www.travel.state.gov
- Other countries: Contact your foreign affairs office or embassy
- All travelers: IATA Travel Centre at www.iatatravelcentre.com — a helpful resource for checking current travel, visa, and health requirements.



The [IATA Travel Centre](http://www.iatatravelcentre.com) is a helpful resource for travelers checking current travel, visa, and health requirements.

Questions? Contact the Aggressor reservations office.



Visa and entry requirements can change without notice. Always verify before traveling.

Yellow Fever Vaccine

If you will be traveling to Costa Rica from South America and/or sub-Saharan Africa, you will need a Yellow Fever vaccine. Some of the countries at risk include Angola, Nigeria, Sudan, Bolivia, Brazil, Colombia, Ecuador, Peru, Guyana, and Venezuela. Exceptions exist — verify current requirements at www.costarica-embassy.org.

Required Forms

You need two things before you can dive and a third if you plan to do scuba training:

1. GUEST INFORMATION SYSTEM (GIS)

What: Aggressor's online cruise application forms, including waiver and travel details

When: Complete 21 days before departure

How: You'll receive a link by email. If you didn't get it, contact reservations.



Include your flight arrival time and host hotel name in the GIS and confirm the complimentary bus transfer to the dock. Return flight information for the disembarktion.

2. DIVE CERTIFICATION CARD (C-CARD)

What: Your diving certification card

Bring: The physical card or digital proof

Note: If diving with Nitrox, bring your Nitrox certification card as well.

Repeat Guest Benefit: If you've traveled with Aggressor before, you're automatically enrolled in the Travel the World Club and receive onboard discounts. Your membership is indicated on the captain's rooming list.

3. MEDICAL FORM (RSTC) *(Only if doing scuba training)*

What: Diving Medical History Form

When: Required only if you plan to take a scuba training or certification course during your trip.

How:

- Download the form now at <http://www.aggressor.com/RSTCMedical.pdf>
- Answer all questions honestly
- The form will tell you if your answers require a doctor's approval.
- If no doctor approval is needed, you can sign it yourself
- Print it and bring it to the yacht



ALREADY HAVE ONE? If you have a medical form signed by a doctor in the last 12 months, you can use that instead.

4. PROOF OF DIVE ACCIDENT INSURANCE (MANDATORY)

What: Proof of current dive accident insurance coverage

Why: Required by the operator for all guests on Okeanos Aggressor II and Cocos Island Aggressor

Bring: Insurance card, policy document, or digital confirmation

Note: Proof must be presented before you can dive.



There are no doctors once the yacht leaves the dock. If you need a doctor's signature and don't have it, you cannot participate in any scuba training classes.

What if I forget to complete these forms?

- An incomplete or Missing GIS will result in denied boarding and possible trip cancellation without refund.
- You cannot dive without a certification card.
- You cannot participate in scuba training courses without a medical form.
- You cannot dive without proof of dive accident insurance.

Travel & Health Insurance

Dive accident insurance is mandatory prior to traveling on the Okeanos Aggressor II and Cocos Island Aggressor (locally registered as Okeanos Aggressor III). Proof is required prior to diving.

Aggressor Adventures strongly recommends all guests purchase insurance to protect their investment and health.

SUGGESTED COVERAGE:

- Travel Insurance (Trip Cancellation and Interruption)
- Dive Insurance (Dive Accident and Medical)
- Equipment Insurance

CONSIDER ADDING:

- "Cancel For Any Reason" (CFAR) upgrade – extends coverage beyond traditional policies without the constraints of “covered situations”.
- "Liveaboard Rider" upgrade - addresses liveaboard-specific issues such as missed dives due to illness, weather, or accidents to others, which impact your experience and more.

These policies provide financial security if unexpected events occur.

Get quotes: www.aggressor.com → [Insurance](#) for options.



Dive accident insurance is MANDATORY for all guests on Okeanos Aggressor II and Cocos Island Aggressor. Proof is required prior to diving.

2. PREPARING FOR YOUR ADVENTURE (2-4 WEEKS BEFORE)

Recommended Packing:

Travel light. Space on the liveaboard yacht is limited.

LUGGAGE: Use soft luggage, such as duffel bags (not hard suitcases), for easy storage in your room.

CLOTHING TO BRING:

- Lightweight, comfortable sportswear
- Swimsuits
- Light sweater or jacket for evenings

- Walking shoes for time ashore
- Sunglasses and hat
- Long-sleeved shirts and warm clothing for evenings (Cocos Island is a rain forest and can be quite damp)
- Sweat suits or comparable warm layers
- Socks for evenings on board

Dress code: Always casual and informal

ESSENTIALS:

- Sunscreen (reef-safe recommended)
- Sunglasses
- Hat
- Walking shoes
- Dry camera case (Pelican Case or similar) — Cocos Island shore landings are by tender and can be wet

PACKING CHECKLIST: Use this QR code to grab a free Packing Guide. It's a simple checklist that makes sure you bring everything you need for your adventure. No more forgotten essentials!

Electronic Devices

Personal Electronics are welcome:

- ☑ Cameras, phones, satellite phones, computers, tablets, and e-readers

The following devices are prohibited:



Prohibited Equipment	Notes
⊘ Underwater Scooters	Prohibited.
⊘ Electric Surfboards	Includes e-foils, jetboards, powered surfboards, and similar devices.

CHECK WITH AIRLINE: Some airlines have restrictions on lithium batteries in checked bags. Check your airline's rules before packing.

Required Dive Equipment

All divers are required to have the following equipment. You may either bring your own or rent on board.

- | | |
|---|--|
| - Mask | - Dive Computer |
| - Fins | - Depth gauge (if not integrated in dive computer) |
| - Snorkel | - Surface Marker Buoy (SMB) with reel |
| - Buoyancy Compensator (BCD) | - Tank <i>(provided)</i> |
| - Regulator with an Alternate Air source and a visible pressure gauge | - Weights <i>(provided)</i> |

- Weight belt (*provided*)
- Due to thermoclines and upwelling, a 3mm wetsuit is recommended as a minimum.

Most divers use a 5mm wetsuit with booties and a hood.

WHY SMB & REEL ARE REQUIRED:

All diving at Cocos Island is conducted from pangas (tenders). When diving from tenders, you may surface in different locations depending on currents. The panga driver needs to see your surface marker to track your location for pickup. This is required safety equipment for all guests.

Practice deploying your SMB before the trip or during your initial check-out dive. If you don't have one, SMB & reel sets are available for rent or purchase onboard.

Personal Dive Equipment

Mark each piece of your personal gear with waterproof paint or tape. Many pieces of diving equipment look similar, so make sure yours is clearly labeled.

Guests should also consider additional personal safety equipment such as:

- Spare mask
- Dive watch
- Dive light
- Dive Alert
- Nautilus Rescue Radio
- Whistle
- Mirror

Airline Travel & Checked Bags:

WHAT TO CARRY ON THE PLANE: Pack these in your carry-on bag (NOT checked luggage):

- Passport and travel documents
- Dive certification card
- Medical form
- Money and credit cards
- Prescription medications
- One change of clothes (including swimsuit)
- Basic toiletries

Why? If your checked bag is delayed, having essentials in your carry-on means you can still dive on Day 1. Once the yacht leaves port, it cannot receive deliveries until it returns.

CHECK YOUR AIRLINE'S RULES: Different airlines have different limits for:

- Number of bags
- Weight limits
- Size restrictions
- Extra fees

BUSY SEASON RESTRICTIONS:

- Some airlines reduce luggage allowance during high season (December - April).
- You might only get one checked bag instead of two.

DIVE GEAR FEES:

- Many airlines charge extra fees for dive equipment.
- Check if your airline offers a "sports equipment" allowance.

Communication with Home – Staying in Touch

Before departure: Share your itinerary with family
Emergency contact: +1-706-664-0111 available 24/7
In port: Most cell phones will work if they have international roaming or data. Satellite email available onboard (per-message charge).

During the 36-hour ocean crossing: No cellular service.

Guests receive complimentary access to the OnAdventure Network, where you can view your room handbook, explore videos featuring other Aggressor destinations, and access additional onboard resources. Please note that this service does not include internet access. Guests who wish to stay connected online may purchase onboard internet access. Each internet package includes 8 GB of data, with additional data available for purchase as needed. Internet access allows you to check email, send messages through apps such as iMessage and WhatsApp, and browse websites.

At Cocos Islands: A local cell tower provides intermittent reception. Service depends on your provider and the yacht's location.

Tip: Send a “heading out for ~10 days” message the evening before your charter starts so family knows you may be offline by choice.

Green the Fleet Tips

Contribute to the Green the Fleet sustainability initiatives. Here are a few reminders to keep in mind as you get ready for your adventure:

- Avoid traveling with single-use plastics.
- Remove packaging from any new purchases before traveling.
- Travel with a refillable water bottle for hydration.
- Use rechargeable batteries whenever possible. Plan to bring home used batteries so they can be properly disposed of.
- Use an environmentally friendly or ocean-safe sunscreen.
- Be environmentally conscious in everything you do.

3. GETTING THERE

Arrival Airports:

- Juan Santamaría International Airport (SJO), San José, Costa Rica
- Approximately 52 miles (84 km) from Puntarenas dock. Estimated drive time is 1.5 hours.

Recommended Arrival Times:

AGGRESSOR RECOMMENDS: Arrive one day early

- Flights can be delayed
- Luggage can be lost
- Customs can take longer than expected
- Better to arrive relaxed than stressed
- The yacht makes a 36-hour ocean crossing on Day 1 — there is no opportunity to catch up if you miss the bus



Guests **MUST** overnight in San José the day before the charter start date. The yacht departs Puntarenas on Day 1 to begin the 36-hour crossing to Cocos Island. Missing the bus means missing the trip.

Host Hotel:

Four Points by Sheraton (formerly D Sabana / Park Inn by Radisson)

- Av 6, San Bosco, San José
- ☎ +506 4110 1100

Aggressor recommends guests stay at the host hotel, where the transfer bus picks up. If you stay elsewhere, you must make your own way to the host hotel before the scheduled pickup time.

Transfer Options:

Round-trip transfers from the host hotel to Puntarenas dock are included in your charter.

Day 1 — Hotel to Puntarenas

- Transfer bus picks up at the host hotel (Four Points by Sheraton, San José)
- Pickup times vary by departure date — see Aggressor Bus Service section below
- Travel time: Approximately 1.5 hours to Puntarenas
- Yacht departs Puntarenas approximately 3 hours after hotel pickup

Note: Once boarding is complete, the yacht departs Puntarenas immediately to begin the 36-hour crossing to Cocos Island. There is no extended dock time.

Day 11 — Puntarenas to San José

- Checkout from the yacht at 7:00 am
- Transfer back to the host hotel or SJO airport
- Departing flights should be scheduled after 12:30 pm to allow for travel time and traffic

Airport to Host Hotel (your responsibility)

Upon your arrival at SJO airport, you are responsible for arranging your transfer to your hotel. Taxis are available at the airport. Private transfers can be booked with your hotel reservation through our Aggressor DeTours department at an additional cost. You may call +1-706-434-8158 or email travel@aggressor.com.

Port and Dockage Details

Address: 50 metros Oeste de la "antigua municipalidad" de Puntarenas, Tapia azul, portón blanco (50 meters West of the "old municipality" of Puntarenas, blue wall, white gate)

- Find on Waze: "Okeanos Aggressor Dock / Muelle"
- Find on Google Maps: "Okeanos Dock / Muelle / Okeanos Aggressor"

If you make your own way to Puntarenas:

- Notify the Aggressor Reservations Office of your plans in advance
- Arrive at least 1 hour before yacht departure
- If the yachts are moored offshore due to low tides, you will be transferred by tender

Aggressor Bus Service — Hotel Pickup Schedule

The bus picks up at the host hotel in San José and transfers guests to Puntarenas. Pickup times vary by charter departure date because the yacht's departure depends on the tide schedule. The schedule below lists 2026 charter dates and times.

If you are not staying at the host hotel, you must make your own way there before the pickup time.

Charter Dates	Hotel Pickup	Puntarenas Departure
Jun 18 – 28	1:00 pm	4:00 pm
Jun 20 – 30	10:00 am	1:00 pm
Jul 4 – 14	1:00 pm	4:00 pm
Jul 11 – 21	8:00 am	11:00 am
Jul 18 – 28	1:00 pm	4:00 pm
Jul 29 – Aug 6	12:00 pm	3:00 pm
Aug 2 – 12	1:00 pm	4:00 pm
Aug 9 – 19	8:00 am	11:00 am
Aug 16 – 26	1:00 pm	4:00 pm
Aug 26 – Sep 3	10:00 am	1:00 pm
Aug 30 – Sep 9	1:00 pm	4:00 pm
Sep 5 – 15	10:00 am	1:00 pm
Sep 12 – 22	12:00 pm	3:00 pm
Sep 23 – Oct 1	9:00 am	12:00 pm
Sep 26 – Oct 6	11:00 am	2:00 pm
Oct 3 – 13	10:00 am	1:00 pm
Oct 10 – 20	11:00 am	2:00 pm
Oct 22 – Nov 1	8:00 am	11:00 am
Oct 24 – Nov 3	11:00 am	2:00 pm
Nov 7 – 17	11:00 am	2:00 pm

Nov 14 – 24	10:00 am	1:00 pm
Nov 21 – Dec 1	9:00 am	12:00 pm
Dec 4 – 14	8:00 am	11:00 am
Dec 5 – 15	9:00 am	12:00 pm
Dec 19 – 29	7:00 am	10:00 am
Dec 26 – Jan 5	12:00 pm	3:00 pm

4. ON BOARD LIFE

Accommodations & Services

All rooms are air-conditioned and equipped with:

- Private toilet, shower, and sink
- Hair dryer
- Towels changed as needed - hang to dry and reuse to support Green Fleet
- Linens (changed upon request)

ROOM SIZE:

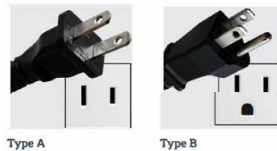
- Rooms are compact but comfortable
- The rooms are designed for divers who spend most of their time on deck or underwater
- Guests store soft luggage under their beds
- There is limited storage – so travel light

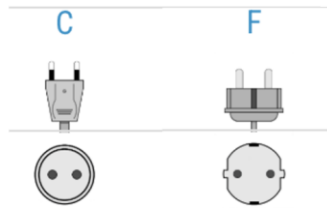
Electricity

Voltage differs between the two yachts:

- Okeanos Aggressor II: 110V, conventional flat Type A/B outlets (same as USA/Canada)
- Cocos Island Aggressor: 220V, combo outlets that accept both flat 110V (Type A/B) AND round 220V (Type C/F) connectors
- Most everyday devices (phone chargers, laptops, camera battery chargers) work with both 110V and 220V — check yours to be sure.

Reference: <https://www.worldstandards.eu/electricity/plugs-and-sockets/>





Reference: www.worldstandards.eu/electricity/plugs-and-sockets

Meals

The culinary team prepares a varied and plentiful menu featuring American favorites, barbecues, and local Costa Rican cuisine with fresh ingredients.

- Breakfast: Cooked-to-order hot entrees, fresh fruit, cereals, and juices
- Lunch: Self-serve with homemade soups, breads, salads, and sandwiches
- Dinner: Elegant plated service featuring seafood, beef, or chicken, paired with fresh vegetables and homemade desserts
- Snacks: Served mid-morning and mid-afternoon
- Note: For staff and guest safety, all meals are served self-serve style during the 36-hour transit to and from Cocos Island. Plated dinner service resumes when the yacht is at anchor in Cocos Island.

Dietary Medical Restrictions:

If you have special medical dietary restrictions, please note them in your GIS reservation and discuss them with the yacht chef upon boarding so they can properly prepare to meet your needs.

The destination's remote location means limited access to specialty items. For strict dietary needs:

- Bring critical items with you (gluten-free pasta, specific protein powders, etc.)
- Discuss options with chef on Day 1
- Be flexible - ingredients may not match exactly what you eat at home.

Beverages

Complimentary beverages include:

- Fruit juices
- Soft drinks
- Iced water and iced tea
- Coffee
- Limited selection of local beer and wine

For other alcohol and spirits, you are encouraged to bring your special brand with you or purchase locally before boarding.

Due to local regulations, the bar will be closed while the yacht is in port.



Drinking and diving do not mix. Once you consume alcohol, you become a sunbather until the next day.

Communications / Internet

There is an onboard satellite communications device for emergencies. The yacht is in cellular range occasionally, where cellular-based Wi-Fi Internet (3G and above) connectivity (email) becomes available. This will depend on your service provider and the yacht's location. If you need to contact the outside world, please ask the staff in what areas a signal might be available.

All communication services the destination provides are charged based on data usage (airtime). Email service (if available) is restricted to text-only messages.

At Cocos Island, a local cell tower provides intermittent reception. Private calls may be made from the yacht through the satellite system.

Ships Boutique

- There is a small on board boutique offering assorted t-shirts and other items.
- Your bill for on board services and boutique items will be settled on the last day of diving.
- After returning home, if you still want boutique items, please visit the Aggressor online boutique at www.aggressor.com.

Fees & Taxes (Pay on Board)

Each guest will pay a port fee at the end of the charter. These fees support local port services, environmental permits, and government assessments.

Itinerary	Amount	Notes
Cocos Island Park Fee (10-night)	\$490 PP	Plus 13% VAT
Emergency Evacuation Plan	\$30 per person	Mandatory — funds pre-authorized emergency medical evacuation from Cocos Island
Onboard Sales Tax	13% added	Applied to all onboard sales and services (excluding the evacuation plan)
Credit Card Surcharge	3%	Added to park fees if paid by credit card
Fuel Surcharge	\$140 \$150 \$180	8-night charter 10-night charter 12-night charter

Note: Prices subject to change by government authorities without notice.

Costa Rica residents 65 years and older are exempt from VAT.

The yacht accepts cash (USD) or Visa/MasterCard.

Fees are paid onboard at the end of your trip during checkout. Travelers' checks and personal checks cannot be accepted.

Why the Emergency Evacuation Plan Matters:

When medical evacuation is needed, the \$30 fee funds pre-established and pre-authorized emergency evacuation protocols specifically for Cocos Island. Without this program, a slow insurance response could force the captain to abort the entire cruise and return to port — affecting every guest onboard. The program benefits every passenger, not only the injured diver.

Smoking / Vaping Policy

- **Smoking and vaping are strictly prohibited anywhere inside the yacht or on the dive deck.**
- Smoking and vaping are only permitted at the rear of the sun deck.
- Please respect non-smoking guests.

Entertainment

There are a variety of nightly entertainment options:

- Diving videos
- Movies
- Games
- Marine life identification and destination presentations

The yacht offers a collection of movies and TV shows that can be watched in the lounge or in your room. If you have a favorite movie, digital slide show, or video to share, bring it along!

A small library of marine life identification books is also available for reference.

Special Occasions

If you will be celebrating a special occasion such as a birthday, anniversary, honeymoon, wedding, or your 100th dive, please notify the reservations office so the staff can help celebrate your occasion. Kindly inform the reservation office before traveling so they can notify the staff in advance.

Gratuities

- Staff gratuities are not included in the charter.
- Gratuities are voluntary and should be based on the quality of service provided by the staff.
- When settling your bill, the Captain will have an envelope for gratuities that will be divided equally among the staff.
- Payment can be made by cash (USD or Costa Rican Colón), Visa, or MasterCard.

Health & Medications

The yachts have a first aid kit onboard, including oxygen and an AED.

Motion Sickness: The crossing to Cocos Island is approximately 36 hours, and the return crossing is 28–32 hours. Open-ocean conditions can be uncomfortable. You should strongly consider motion sickness medication. There are several over-the-counter brands. You can also consult your doctor about prescription options, such as the transdermal patch or Scopace tablets. Currents and winds may cause moderate movement of the yacht at times. A complete physical exam before your trip is recommended.

Medication Storage:

The yachts and their staff cannot accept any medication brought onboard for safekeeping, including those that require refrigeration.

Guests needing temperature-sensitive medication should travel with a cooling case or a small storage cooler filled with blue ice packets. The staff will gladly store and recharge the blue ice but cannot accept responsibility for the proper care or storage of medication. This should be kept in your room.

5. DIVING INFORMATION

Diving Operations

All diving on Aggressor liveaboard yachts is recreational and non-decompression. Aggressor liveaboards do not support technical diving, rebreathers, or diving with double tanks.

At Cocos Island, all diving is conducted from pangas (tenders). Each yacht is equipped with two 22-foot pangas with ample space for camera equipment. A divemaster accompanies every panga on every dive. Entry and exit are simple — once your dive is completed, a staff member assists you back into the panga and takes your weight belt and tank.

Divers may pick a buddy of their choice while onboard. There is ample storage space for diving equipment in personal lockers.

GPS Locator (provided free): Each diver receives a satellite GPS locator at no charge. In an emergency, the device sends an SMS with your coordinates to the local Aggressor office and to the rescue coordination center with a web link to your location.

Trip recommendation: This trip is recommended for advanced divers. Beginner divers may consider Cocos Island diving slightly difficult due to its ruggedness and currents. This trip is not recommended to new divers or handicapped divers. The divemaster has the authority to decide if a diver is able to dive certain dive sites according to their perception of the diver's ability to ensure their safety.



All dives must remain within recreational limits. No decompression diving is permitted.

Typical Schedule (Day 1 – Day 11)

- Up to 3 dives per day at Cocos Island
- Night dives are NOT offered at Cocos Island
- No decompression dives (recreational limits only)

Day	Activity	
Day 1	Varies (see schedule)	Hotel pickup → bus to Puntarenas → board yacht → depart for Cocos Island
Days 2–3	Crossing	~36-hour ocean crossing. Arrive Cocos Island; diving begins on arrival
Days 4–9	Eat, Sleep & Dive	Breakfast 1st dive Mid-morning snack 2nd dive

		Lunch 3rd dive Afternoon snack Dinner & evening entertainment
Days 9–10	Return	~28–32 hour crossing back to Puntarenas
Day 11	7:00 am	Check-out and transfer to host hotel or SJO airport

Note: Daily times vary based on weather, sea conditions, and dive site logistics. Your captain and dive briefing will set exact times each day.

Dive Supervision

- Diving is not just an activity; it's a passion for exploring the underwater world. That's why the dive program is built around empowering you and your buddy to take control of your diving experience.
- While in the water, you and your buddy are in charge.
- Every dive starts with a thorough briefing from the dive staff, covering site conditions, points of interest, and safety procedures.
- As certified divers, you and your buddy are responsible for planning and carrying out your dives while respecting your experience limits and those set by the briefing and your certification agency.
- Divers are not directly supervised - each buddy team manages their own dive.
- If you surface early, only your buddy team surfaces – other divers may continue their dive per the plan and briefing.

Equipment Storage:

- Each guest will be assigned a designated seat on the dive deck and a personal locker or cubby to store items.
- There are also rails and hangers for your wetsuits.
- Freshwater showers are located on the back deck for post-dive comfort.
- Warm towels are provided after each dive.

Tanks & Fills & Nitrox

- Standard tanks: 80 cu ft (12L) aluminum tanks.
- Valves: All tanks have K-valves (American type) and DIN (European) valves. It is not necessary to travel with an adapter.
- Fills: Air Included
- Nitrox: Unlimited Nitrox (32% blend) can be purchased onboard. Available to Nitrox-certified divers only.
- Large-capacity tanks (i.e., 15 liters / 100 cu/ft) are available for rent for guests who want extra capacity. These tanks have convertible valves (Yoke or DIN).

Equipment Rentals:

A full line of MARES rental gear is available aboard including regulators, BCs, dive computers, and night-lights. Large-capacity tanks (15L / 100 cu ft) are also available for rent with advance reservation.

Item		Item		Item	
Mask	✓	Fins (open straps) bring own booties	✓	Snorkel	✓
BCD	✓	Regulators System	✓	Dive Computer	✓
Dive Light	✓	Safety Sausage (SMB)	✓	Large Capacity Tank (15L, 100 cu ft, or similar)	✓
Nautilus Rescue Radio	✓	Wetsuits	✓	U/W Cameras	⊘

Please visit Aggressor's website at www.aggressor.com for detailed information on the cost of dive equipment rentals, certification courses, and large tanks.



Free Loaner Equipment: Aggressor Adventures partners with MARES to offer free loaner equipment if any of your dive gear fails while on board OR if your luggage is lost during transit to the yacht (subject to availability).

Wetsuit Rentals:

You are strongly encouraged to bring your own wetsuit to ensure optimal comfort and thermal protection during your dives. Since wetsuit fit is highly individual and vital for both comfort and warmth, bringing your personal wetsuit will provide the best diving experience.

Consult the Adventure Logs on www.aggressor.com for current water temperatures.

Itinerary Details:

Cocos Island is one of the most legendary dive destinations in the world. A 36-hour open-ocean crossing each way is the price of admission — and divers are rewarded with some of the planet's most spectacular big-animal encounters. The island is a UNESCO World Heritage Site protected as a marine national park.

The 10-night Cocos Island itinerary features 18–21 dives per charter. All diving is conducted from pangas (tenders) — there is no diving directly from the yacht at Cocos. Guests typically complete up to 3 dives per day. Night diving is NOT offered at Cocos Island.

Cocos is famous for its schooling hammerhead sharks, countless white-tip reef sharks, manta rays, huge schools of tuna, and whale shark encounters.

Diving here is for experienced divers. Sites feature strong currents, rugged underwater terrain, and pinnacles that drop into deep blue water. The divemaster has authority to decide which sites are appropriate for each diver based on their observed ability.

Diving Conditions

- You'll be diving in water that averages 72–82°F (22–28°C) with cool thermoclines.

- Most guests make as many as 3 dives each day (night diving is currently not offered), so some sort of protection is needed. A 3-5mm wetsuit is recommended year-round.
- Visibility: Typically, 40–100+ feet (12–30+ meters), best in dry season.
- Currents: Often strong and variable. Briefings cover site-specific conditions.
- Thermoclines: Cool layers of water can drop temperatures sharply at depth. Bring a hood.
- Please see the “Adventure Logs” on www.aggessor.com for current diving conditions.

Scuba Training:

Enhance your education while on board an Aggressor yacht!

The courses available include:

- Advanced Open Water Diver (SSI or PADI)
- Enriched Air / Nitrox Courses (SSI or PADI)

Course fees are due once on board and after the instructor confirms your course. The training agency providing your course will depend on your instructor's affiliations. Other specialty courses may be available onboard and will be presented to you after arrival as part of your initial briefings.

A diver participating in scuba training will need to complete a medical history form. Please be sure to review the form prior to traveling and ensure you do not need a physician’s signature.



Photo & Video

Photography: The yacht offers free coaching from the photo pro and provides a PC for downloading photos, a strobe charging station, and a large camera table for your camera and video equipment. Guests should bring their own battery chargers.

Video Service: The Video Professional can capture your diving adventure on board Aggressor yachts to share with family and friends.

The video of the week (including all guests and staff) is available for an additional fee. See www.aggessor.com for current pricing.



Nearest Chamber

Costa Rica has three recompression chambers:

- San José (capital city)
- Puntarenas (home port)
- Golfito

At Cocos Island, evacuation to the nearest chamber requires multiple hours. This is why the mandatory \$30 Emergency Evacuation Program is critical — it funds pre-authorized rapid-response protocols specifically for Cocos Island.

A full physical exam before your adventure is encouraged if you have any concerns. Always dive conservatively.

Prohibited Diving Activities:

The following diving activities are not supported and prohibited on Aggressor Liveboards

- Use of Spear guns, Hawaiian slings or collecting of any kind are not permitted.
- Solo Diving
- Use of double tanks
- Use of underwater scooters
- Decompression or Technical Diving
- Touching, chasing, or disturbing marine life of any kind.

6. AFTER YOUR ADVENTURE

Check-Out Time:

Check-out time is 7:00 am on Day 11. At this time, all guests and their luggage must be off the yacht, so staff have adequate time to prepare for new guests. If you are making your own transfer arrangements, please ensure that you are picked up at or before check-out.

Departure Schedule:

Transportation from Puntarenas back to the host hotel or SJO airport is included.

- Departing flights should be scheduled after 12:30 pm
- Travel time from Puntarenas to SJO airport: Approximately 1.5 hours
- You will NOT be able to make an early morning departure flight due to traffic, tides, and transfer logistics

Optional Day-of-Departure Activities

If your flight is in the late afternoon, you may take advantage of optional excursions

- Jungle crocodile safari
- Canopy tour

Contact Aggressor DeTours at travel@aggressor.com or +1-706-434-8158 to arrange.

Extended Tours & Travel in Costa Rica

Aggressor DeTours offers tours before or after your yacht stay. Active volcanoes, cloud and rain forest preserves, white water rafting, jungle tours, canopy and zip line tours, and visits to Costa Rica's beaches — these are just a few of the experiences available.

Contact: travel@aggressor.com

Guest Surveys

You will receive a detailed survey via email three days after your adventure ends. (If you've completed back-to-back adventures, you'll receive one survey for each.) Aggressor Adventures truly values guest

feedback and integrates it into the continuous improvement of our programs.

Many amenities and experiences you enjoyed during your adventure were inspired by guest suggestions. Your feedback is sincerely appreciated as it helps us enhance our operations and exceed future guest expectations.

Your survey also offers a valuable opportunity to recognize exceptional staff performance. These evaluations directly influence staff recognition programs, awards, and promotions. The staff is dedicated to making your adventure memorable, and your feedback helps us celebrate their outstanding service. The time you take to provide thoughtful responses is greatly appreciated and helps us to maintain the highest standards of the Aggressor experience.

Stay Connected

Each week, the previous charter's Adventure log is uploaded to the website. Feel free to visit www.aggressor.com and check the Adventure log for water temperature, visibility, and sightings.