# KNOW BEFORE YOU GO AGGRESSOR ADVENTURES

# Cocos Island Itineraries Okeanos Aggressor II & Cocos Island Aggressor (locally registered as Okeanos Aggressor III)

**Port**: All yacht departures are from Puntarenas **Transfers:** Times are noted at the end of the Know Before You Go.

**Day Before Charter Start Date**: Guests are to arrive the day before the charter start date and overnight in San Jose, Costa Rica

Host Hotel/Transfer to Yacht: Transfer bus picks up from the D Sabana Hotel (former Park Inn by Radisson) San Jose

The Park is requesting your passport information, DOB and diving certification through the GIS 3 weeks prior to the charter departure date.

# **Reservations Office Contact Information**

Office Hours are Eastern Daylight Time:

Monday-Friday: 8 am – 5 pm EDT Saturday/Sunday 9 am – 5 pm EDT

Office (USA): 800-348-2628 +1-706-993-2531

okeanos@aggressor.com www.aggressor.com

After Hours Emergency Mobile #+1-706-664-0111 (For after-hours only)

Local Land Office, San Jose, Costa Rica Hours Mon-Fri Only: 8-5 p.m.

Office: +506-2289-2261 & +506-2289-2262

Cocos Island: Emergency: 011-506-8376-6294 011-506-8718-9727

Dock Manager: + 506-71815554

Hotel pick up transportation: Rodolfo: +506-8382-1352

# AIRLINE CHECKED BAGGAGE

Check with your airline or airlines (if traveling with more than one carrier) regarding luggage allowances, limitations and overage fees. Some airlines have seasonal restrictions to certain destinations that may limit guests to one checked bag or a maximum weight of all checked bags and prohibit extra pieces or overweight pieces.

## COCOS ISLAND ITINERARY

# 10 nights Charter Sample Itinerary

- Day 1 Meet in front of host hotel (See last page for pick up times).
  - Transfer to Puntarenas for boarding and departure for Cocos Island.
- Day 2 3 Arrive to Cocos Island, diving begins.
- Day 4 9 Eat, Sleep & Dive.
- Day 9 -10 Travel back to Puntarenas.
- Day 11 Check out at 7 am and transfer to the San Jose Airport (SJO) or host hotel.

# COCOS ISLAND EMERGENCY EVACUATION PLAN/INSURANCE

# **Mandatory Emergency Evacuation Program Fee \$30**

When medical evacuation is needed, this fee establishes, and funds pre-established and pre-authorized emergency evacuation protocols that have been created to facilitate the immediate dispatch of medical transport. Depending on the benefits under other policies held by the guest, their insurance carrier may or may not have logistics (services or funding) in place to deal specifically with Cocos Island - which could result in delayed response times for the medical evacuation and ultimate first responder care. This new program benefits every passenger aboard, not only the injured diver. Currently if the injured diver's insurance plan fails to respond quickly enough with evacuation plans, the captain of the yacht would be obligated to terminate the cruise early and head back to port – thus impacting everyone's travels. This new program minimizes this risk for all guests. *This fee is paid onboard the yacht*.

Dive accident insurance is mandatory prior to traveling on the Okeanos Aggressor II, & Cocos Island Aggressor (locally registered as Okeanos Aggressor III). Proof is required prior to diving. We strongly recommend each guest purchase comprehensive accident, medical, baggage and trip cancellation and interruption insurance when space is reserved. Trip insurance will protect you from financial disappointment if you are prevented from making your scheduled trip due to illness or family illness, or in the event that unforeseen circumstances prevent the airline or yacht from making its scheduled trip. In the event you cancel your trip prior, be familiar with Aggressors cancellation policies. For more information on insurance, visit Diveassure or Divers Alert Network insurance on our website.

# FEES & TAXES (required per person)

Cocos Island Park Fee:

8-nights - \$350 pp plus 13% VAT tax 10- nights - \$490 pp plus 13% VAT tax 12-nights - \$630 pp plus 13% VAT tax

Cocos Island Emergency Evacuation Plan: \$30

Prices are USD. Costa Rica residents/locals 65 years and older do not pay the VAT tax. Park fees and VAT tax may be paid in cash or by credit card. (3% added fee if paid by cc)

# **COCOS ISLAND DIVING CONDITIONS**

You will be diving in water that averages 72 - 82°F with cool thermoclines. Most guests make as many as 3 dives each day (night diving is currently not offered), so some sort of protection is needed. A 3-5mm wetsuit is recommended year-round. All diving is from tenders. The approximate 36-hour cruise to the island, and return cruise 28-32 hours, can be uncomfortable to some. We recommend taking precautions for motion sickness. Beginner divers may consider Cocos Island diving slightly difficult due to its ruggedness and currents. This trip is not recommended to new divers or handicapped divers.

**THE YACHTS INCLUDE:** All staterooms are air-conditioned and fitted with private toilets, showers and sinks. Breakfast (cooked to order), lunch and an elegant chef prepared meal at dinner with tableside service are served in addition to fresh mid-morning and mid-afternoon snacks. For the safety of staff and guests, during the transit to and from Cocos Islands all meals will be served as buffets. Sit down dinner service occurs when the yacht is at anchor in Cocos Island. Beverages (alcoholic and non-alcoholic) are complimentary while onboard. The yacht is equipped with hairdryers in each stateroom. Linens are changed mid-week and fresh towels are placed in each stateroom as needed. Filled tanks, weights and weight belts are included.

#### WELCOME

It is important to notify our office of last-minute changes concerning your airline arrival and departure times or any changes in your e-mail address and telephone numbers. The Reservations Office and the yachts are in constant communication. In the event of an emergency family and friends may contact you at the numbers listed on the first page.

We recommend you pack a regulator, mask, fins, swimsuit, change of clothes, medication and toiletries in your carry-on bag. Having these few items with you can make an unexpected luggage delay more bearable.

# EXTENDED TOURS AND TRAVEL IN COSTA RICA

Aggressor Detours Travel Department offers tours before or after your yacht stay. Active volcanoes, cloud and rain forest preserves, white water rafting, touring the jungles, canopy and zip line tours through the jungles, visiting the most beautiful beaches in the world; these are just a few of the amazing things to do while in Costa Rica. You may contact them at <a href="mailto:travel@aggressor.com">travel@aggressor.com</a> if you need assistance.

# **ARRIVAL**

Guests travel arrangements MUST include a one-night stay-over in San Jose, Costa Rica one day prior to the yachts departure to meet the transfer schedule to Puntarenas from San Jose. Upon your arrival at the airport in San Jose, you are responsible for your transfer to your hotel. Aggressor Adventures recommends you stay at the host hotel, Park Inn Radisson which is the hotel that the bus picks up from. On the first day of the charter a bus will pick passengers up at the Park Inn Radisson San Jose and travel approximately 1 1/2 hours to meet the yachts (times listed on the last page) If you are not staying at the host hotel, you will need to make your own way to there prior to the pick up time. At the end of the charter, transportation will be provided back to the host hotel and the San Jose Airport. The reason for the different pick up times is due to the change in tides. Please notify the Reservations Office 14 days prior to traveling with the name of your hotel or alternate arrangements and your passport numbers. Passport numbers must be submitted for approval to apply for the Park permissions. Failure to do so will result in cancellation.

All guests are required to provide their basic dive certification number and agency they were certified with as well as passport numbers. This information must be submitted through the online Guest Information System (GIS) so proper permits can be obtained prior to arrival.

If you plan to make your own way to Puntarenas, where the Aggressor docks, it is imperative the Aggressor Reservations Office has been notified of your plans. You may board the boat one hour prior to the 'departure from Puntarenas' posted at the end of the Know Before You Go.

This scenic route from San Jose to Puntarenas is a beautiful way to see the lush countryside. Upon your arrival at the yachts, you will be greeted by the staff. The yachts may be moored offshore due to low tides. Should this occur, you will be transferred by boat and your luggage will be handled for you. (See pick up/departure times at end of KBYG)

#### PUNTARENAS DOCK ADDRESS

For guests making their own way to Puntarenas, Costa Rica to the yachts, here is the address:50 metros Oeste de la "antigua municipalidad" de Puntarenas, Tapia azul, porton blanco or 50 meters West of the "old municipality" of Puntarenas, Blue wall, white gate. You may also find it on Waze as "Okeanos Aggressor Dock / Muelle" and in Google Maps as "Okeanos Dock / Muelle / Okeanos Aggressor".

#### PASSPORTS & DOCUMENTATION

All travellers must have a passport valid for at least six (6) months beyond their period of stay, adequate funds to support themselves, and a return airline ticket when traveling. It is the traveller's responsibility to ensure they have the correct documentation for entry into each country on their itinerary, including any visas required, as well as documentation for re-entry to their home country.

Visa and entry requirements vary by destination and are subject to change. Travelers should check with the appropriate consulate or embassy of each country they plan to visit. **U.S. citizens** may refer to the U.S. Department of State website at <a href="https://www.travel.state.gov">www.travel.state.gov</a> for passport and visa information, including requirements for children and consulate contacts by

country. **International travellers** should consult the equivalent agency or foreign affairs office in their own country for destination-specific travel requirements and re-entry regulations.

A useful resource for checking current travel, visa, and health requirements is the **IATA Travel Centre**.

Please note: There are specific requirements for children departing the United States, and many countries have adopted similar measures for child protection. The Reservation Office and staff cannot assume responsibility for passengers who do not have the correct documentation.

# VACCINE ADVISORY

If you will be traveling to Costa Rica from South America and/or sub-Saharan Africa, you will need the Yellow Fever vaccine. Some of the countries at risk are: Angola, Nigeria, Sudan, Bolivia, Brazil, Colombia, Ecuador, Peru, Guyana and Venezuela. Exceptions do exist and we recommend checking the following website for an update. Details can be found at: <a href="http://www.costarica-embassy.org">http://www.costarica-embassy.org</a>

# **C-CARDS**

Remember to bring your c-card or proof of certification if you have not traveled with us before. The divemaster requires proof of certification before the first dive. If you are a repeat guest, you are automatically enrolled in the Travel the World Club and will receive onboard discounts. Your membership is indicated on the Captain's rooming list.

# **GUEST INFORMATION SYSTEM (GIS)**

The Reservations Office and the yachts require each guest to complete a Cruise Application and Waiver form, prior to departure and diving. The GIS (Guest Information System) allows guests to interactively complete all required paperwork that includes the application/waiver, special requests and travel information. If you have not received a link to access the GIS, please contact an Aggressor agent. Passengers who fail to complete the GIS or an application/waiver will be denied boarding. Many Aggressor destinations require passenger information for itinerary approval.

#### **HEALTH**

The yachts have a first aid kit onboard, including oxygen and an AED. You may want to bring motion sickness medication if you feel you will need it. We suggest you bring over-the-counter motion sickness medication or consult your doctor about prescription brands, such as the trans-dermal patch or Scopace tablets. Currents and winds may cause moderate movement of the yacht at times. We recommend a complete physical before your trip. The nearest recompression chambers are in San Jose, Golfito and Puntarenas, Costa Rica.

The yachts and their staff are unable to accept any medication brought onboard for safekeeping, including those that require refrigeration. Should a guest have a medication requiring temperature control, they will need to travel with a travel cooling case or small storage cooler with several blue ice packets. The yachts will be happy to store and recharge the blue ice but are unable to accept possession or responsibility for the proper care and storage of medication. This should be kept in the stateroom. There is **NO smoking allowed inside the boat or on the dive deck.** Smoking is only permitted on the rear of the sun deck.

# THE YACHT

The voltage on the Okeanos II is 110V with conventional flat 110v outlets.

The voltage on the Cocos Island Aggressor is 220V with outlets that take both, flat 110V and round 220V connectors. Normal everyday appliances that work with 110V such as chargers, laptops and cell phones can be connected.

# INTERNET/EMAIL

Email is available onboard through the satellite system. There is a charge for incoming and outgoing email. Private calls may be made from the yacht. When diving at Cocos Island, there is a cell tower with intermittent reception.

# **FOOD**

The menu onboard both yachts is varied and plentiful, with a variety of American feasts, barbecues and local cuisine. If you have any special dietary requirements, please advise the US office as soon as possible so the yacht can adequately prepare to meet your needs. You will wake up to fresh fruits, hot entrees, cereals and juices. Lunches feature hot soups, homemade breads, salads and sandwiches and/or entrees. Dinners are chef prepared and served each evening and include salads, vegetables, seafood, beef or chicken with a fresh homemade dessert. Once onboard, please speak to the chef about any special needs.

Aggressor yachts, river cruises, signature lodges and floating resorts operate in remote locations which limits the availability of certain foods and edibles, which can be unavailable in grocery stores and markets. While our culinary teams strive to accommodate individual requests, it is important to recognize that they cannot guarantee it despite their best efforts. Guests with dietary restrictions and food allergies should be aware that the same meal is prepared for all guests, making cross-contamination a possibility. Based on this, travelers should plan accordingly and bring prepackaged goods if needed. The availability of fresh produce may vary weekly, and they may have a limited selection depending on the destination and availability. The concept of "organic" is infrequent, and items like "gluten-free" products are seldom found in these remote locations.

#### **BEVERAGES**

The Aggressor's selection includes fruit juices, soft drinks, iced water, iced tea, coffee, and a limited selection of local beer and wine, which are complimentary. Due to the high duty charged on liquor, we suggest you bring your special brand from the U.S/International. Due to local regulations; the bar will be closed while the boat is in port. Drinking and diving do not mix. Once you consume alcohol, you become a snorkeler until the next day.

#### **CLOTHING**

Please plan to travel light, as on all live-aboard dive yachts, space is limited. We recommend that you pack your gear in soft luggage such as a duffel bag for easy stowage and to add to your comfort in your stateroom. Clothing should be lightweight, comfortable sportswear and bathing suits are a must. A light sweater or jacket is ideal for evenings. Dress is always casual and informal. Additional items you may want to bring are sunscreen, sunglasses, and walking shoes for your time on shore. Cocos Island is a rain forest, and it can be quite damp so its recommended you travel with warm clothing such as sweat suits, socks and include a long sleeve shirt for nighttime.

# **ENTERTAINMENT**

There is a variety of nightly entertainment, including diving, fish identification slide shows, movies, games and more. If you have a favorite movie, digital slide show or a video to share, we encourage you to bring it along. The staff especially loves new releases of movies, recent magazines and books. A small library of books for exchange is maintained onboard as well as fish identification books for reference.

Whether it's your anniversary, birthday, honeymoon, wedding or you are celebrating a 100th dive, please let us know so the staff can celebrate your occasion. Kindly advise the US office prior to traveling so they are notified in advance.

# DIVING

The staff on the yachts with their unique combination of talents offers the ultimate service. While onboard divers may pick a buddy of their choice. There is ample storage space for diving equipment in personal lockers. The yachts provide 80 cubic ft. tanks, weight belts and weights. All tanks have K-valves (American type) and DIN (European) valves. Adaptors are no longer need DIN adaptors to convert the tanks to fit DIN regulators.

There are a limited number of 100 cu ft/15-liter tanks available. With advanced notice, these can be rented from another operation. The cost is \$120 and must be rented in advance due to availability. Diving amenities include Nitrox (unlimited Nitrox is \$150 for 10-night charters).

The pangas are 22 feet in length. There is ample space for camera equipment and the panga tender will handle it with care. Getting you in and out of the water from the pangas is easy. Once your dive is completed and you're preparing to get back in the panga, a staff member will assist and help take your tank. There is a divemaster on each panga for every single dive. You hand him your weight belt, and the rest is easy. All diving should be within the limits and standards of the training agency that certified you. All dives should be planned with no decompression dives. This trip is recommended for advanced divers. The divemaster has the authority to decide if a diver is able to dive certain dive sites according to their perception of the divers ability to ensure his safety.

Guests will be provided free of charge a GPS locator that operates through satellite in case of an emergency, it sends an SMS to the Okeanos local office with coordinate and to the rescue coordination center with a web link to your location.

We suggest you pack the following: mask, fins, snorkel, regulator with visible pressure gauge, depth gauge, dive computer, buoyancy compensator, and dive gloves. Strongly recommended: Spare mask, a dive watch, dive light, safety sausage, whistle, Dive Alert, mirror and/or other safety devices. Dive computers are mandatory. Each piece of gear should be marked with waterproof paint or tape. Due to the thermoclines and upwelling, we recommend a 3mm wetsuit as a minimum. Most divers use a 5mm wetsuit with booties and a hood. Please see our "Adventure Log" on our website for current diving conditions.

# DIVING SUPERVISION

We understand that diving is not just an activity; it's a passion for exploring our underwater world. That's why we empower you and your buddy to take charge of your diving experience. While in the water, you and your buddy are in charge. Every dive begins with a comprehensive briefing from our experienced staff, providing you with the necessary information. As certified divers, you and your buddy are responsible for planning and conducting your dives while respecting the limits of your experience and those set by the briefing and your certification agency.

In Cocos, all dives are conducted from pangas (tender). A staff member will accompany each tender group and be in the water to offer assistance and ensure the group stays together. However, we do not directly supervise divers; each buddy team still manages their dive. If a buddy team needs to surface early, the entire group is not required to abort the dive and follow. The buddy team should follow the briefing and their training procedures for surfacing from a dive and signal the tender driver that everything is OK once on the surface. Once the dive time expires (per the briefing), the staff member will organize the remaining buddy teams to surface together for pickup by the tender.

# **GREEN THE FLEET**

Contribute to our Green the Fleet sustainability initiatives. Here are a few reminders:

- Avoid traveling with single-use plastics.
- Remove packaging from any new purchases before traveling.
- Travel with a refillable water bottle for hydration.
- Use rechargeable batteries.
- Use an environmentally safe sunscreen.
- Conserve and responsibly use fresh water when at your adventure destination.
- Be environmentally conscious in everything you do.

# DRY CAMERA CASE

There can be a wet landing by dinghy when going ashore, so photographers should bring a waterproof case such as a Pelican Case for their cameras. Land tours are at the Captain's discretion.

#### **CONSERVATION LAWS**

The yacht does not permit spear guns and Hawaiian slings on any of the yachts.

# RENTAL DIVE EQUIPMENT

A full line of **MARES** rental gear is available aboard including regulators, BCs, dive computers, and night-lights. If any of your dive equipment fails while onboard, the staff will loan you equipment free of charge, compliments of MARES.

# **CERTIFICATION & SPECIALTY COURSES**

Further your education while onboard an Aggressor yacht! The following courses are offered onboard: SSI Adventurer Course or the PADI equivalent Advanced Open Water Diver Course, and SSI or PADI Enriched Air / Nitrox Courses. Course fees are payable once onboard and the instructor confirms the course. The training agency utilized to provide your course will vary based on your instructor's affiliations. Other specialty courses may be available onboard and will be presented to you after your arrival as part of your initial briefings.

# PHOTO/VIDEO

The yachts offer a PC for downloading photos, free coaching from the photo pro; a strobe charging station and a large camera table available for your camera and video equipment. Guests should bring their own battery chargers. The Video Professional will capture your diving adventure onboard the yachts to share with family and friends. Video of the week/ (includes all guests and staff) are USD \$65 per person.

Please refer to our web site, www.aggressor.com for detailed information and costs of rental equipment, certification courses, and nitrox.

# SHIPS BOUTIQUE & PAYMENT

There is a mini boutique onboard with assorted t-shirts, and miscellaneous items. The yachts accept Visa, MasterCard, American Express and traveler's checks. Sorry, no personal checks. Many credit card companies charge a conversion fee. If this happens to you, please contact your credit card company if you have questions. After returning home if you still want boutique items, please visit the Aggressor online boutique at www.aggressor.com. All onboard sales/services (excluding evacuation program) have a 13% government tax added.

#### **GRATUITIES**

Staff gratuities are not included in the charter. We believe gratuities should be voluntary and based upon the quality of service the staff has provided. When settling your account at the end of the trip, the Captain will have an envelope for gratuities that will be divided equally among the staff. Payment can be made by cash, or credit card. (sorry no personal checks or travelers checks)

# **CHECKOUT**

Checkout time is at 7:00 a.m. the morning of departure. The staff will transport you to the host hotel, the San Jose airport, or, if you are not departing until the late afternoon you may take advantage of the jungle crocodile safari or canopy tour. Departing flights should be scheduled after 12:30 p.m. Due to traffic, tides, etc. you will not be able to make an early morning departing flight.

Each week we post the Adventure Log of the previous charter. Please feel free to visit www.aggressor.com and go to the Adventure Log to find out water temperature, visibility, and sightings.

# **Host Hotel Pick Up Times/Puntarenas Departure Time**

The bus picks up at the host hotel in San Jose for transfer to Puntarenas to meet the Okeanos Aggressor II and Cocos Island Aggressor. On the first day of the charter a bus will pick passengers up at the **D Sabana Hotel** (former Park Inn by Radisson) San Jose and travel approximately 1 1/2 hours to meet the yachts. If you are not staying at the host hotel, you will need to make your own way there prior to the pick- up times. At the end of the charter, transportation will be provided back to the host hotel and the San Jose Airport.

D Sabana Hotel (former Park Inn by Radisson) San Jose, Av 6, San Bosco Ph: +506 4110 1100

# 2025 Schedule

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Park Inn by Radisson: 11:00 am / Puntarenas Departure: 2:00 pm
Jul 12 - 22
Jul 24 - Aug 3
                    Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
Jul 26 - Aug 5
                   Park Inn by Radisson: 11:00 am / Puntarenas Departure: 2:00 pm
Aug 9 - 19
                   Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
Aug 16 - 26
                    Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
Aug 23 - Sep 2
                   Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
Sep 6 - 16
                    Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
Sep 11 - 21
                   Park Inn by Radisson: 11:00 am / Puntarenas Departure: 2:00 pm
Sep 20 - 30
                    Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
Oct 4 - 14
                    Park Inn by Radisson: 9:00 am / Puntarenas Departure: 12:00 pm
Oct 6 - 16
                    Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
Oct 18 - 28
                   Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
                   Park Inn by Radisson: 1:00 pm / Puntarenas Departure: 4:00 pm
Oct 27 - Nov 6
Nov 1 - 11
                   Park Inn by Radisson: 9:00 am / Puntarenas Departure: 12:00 pm
Nov 15 - 25
                   Park Inn by Radisson: 9:00 am / Puntarenas Departure: 12:00 pm
Nov 22 - Dec 2
                    Park Inn by Radisson: 12:00 pm / Puntarenas Departure: 3:00 pm
Nov 29 - Dec 9
                   Park Inn by Radisson: 6:00 am / Puntarenas Departure: 9:00 am
Dec 12 - 22
                    Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
                   Park Inn by Radisson: 6:00 am / Puntarenas Departure: 9:00 am
Dec 13 - 23
Dec 27 - Jan 6
                   Park Inn by Radisson: 10:00 am / Puntarenas Departure: 1:00 pm
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